

Capistrano Unified School District – Las Flores Elementary
On Campus - Instructional Schedule

Regular Days (Monday, Tuesday, Thursday, Friday)

7:45 – 2:05

Time	Minutes	Morning Program: Red Cohort	Time	Minutes	Afternoon Program: Gray Cohort
7:45 - 10:15	150 minutes	Teacher Instruction	7:45-10:55	190 minutes	Extended Learning (Varied Recess Breaks)
10:15		AM Dismissal	10:55-11:35	40 minutes	Lunch & Recess
10:15-10:55	40 minutes	Lunch & Recess	11:25 - 11:35		PM Arrival
10:55-2:05	190 minutes	Extended Learning (Varied Recess Breaks)	11:35-2:05	150 minutes	Teacher Instruction

ACE-Early Out Day (Wednesday)

7:45 - 12:50

Time	Minutes	Morning Program: Red Cohort	Time	Minutes	Afternoon Program: Gray Cohort
7:45-9:45	120 minutes	Teacher Instruction	7:45-10:15	150 minutes	Extended Learning (Varied Recess Breaks)
9:45-10:15	30 minutes	Lunch	10:15 – 10:45	30 minutes	Lunch
10:15- 12:50	155 minutes	Extended Learning (Varied Recess Breaks)	10:45 -12:50	125 minutes	Teacher Instruction

**** Kindergarten Dismissal is 10 minutes Earlier**